

FAQ's about what's new in Breakfast & Lunch at the Town of Webb UFSD?

*** What is different?**

In order to qualify for a reimbursable meal students must have:

- A Daily serving of fruit requirements
- A Daily serving of vegetables (consisting of a variety of green, red/orange, beans/pea, starchy and 'other')
- Enriched whole grains
- Meat/Meat alternative (Size varies based on grade)
- Fat-free chocolate or white unflavored milk
- Minimum & maximum calorie, salt, and saturated fat levels for every meal based on age/grade level.

*** Who is behind all these changes?**

- On December 13, 2010, President Obama signed into law Public Law 111-296, the Healthy, Hunger-Free Kids Act of 2010 (HHFKA).

*** What does my student get for the cost of breakfast now? (\$1.25 K-5/ \$1.50 6-12)**

- Main Item (*Pancakes*)
- Fruit (*Banana*)
- Milk **or** Juice

*** What if my student does not want the fruit? or wants milk & juice?**

If a fruit is not taken then the meal is not reimbursable for the district so the student will be charged a la cart prices. In this example \$2.50 (\$2.00 for the pancakes and \$0.50 for the milk). If a milk & juice is taken then the student will be charged extra for the juice. In this example \$1.75 for a K-5 student (\$1.25 meal deal and \$0.50 for juice).

*** What does my student get for the cost of lunch?**

- o Main (*Chicken Breast Sandwich*)
- o Milk **or** Juice
- o Fruit (*Apple*)
- o Vegetable (*Sweet Potato Fries*)

Grades 9-12

- o Extra Side (*Salad*)

Build a Healthy Lunch



*** How come my student keeps running out of money?**

If the students are not taking the **complete** reimbursable meal they are probably being charged a la carte prices.

*** How can I find out how much money my student has on their account?**

On the schools website www.towschool.org under our school is the cafeteria account balances.

*** What is the Town of Webb UFSD doing to help students?**

As your K-5 student is going through the line they are guided in their choices of mandatory items. There are posters and charts in front of every line choice to help students understand what they can or cannot take. Color coded charts such as the picture above help aide students as well.

*** Do we have to follow the new state and federal guidelines?**

The guidelines are mandatory for any district that wishes to participate in the free & reduced lunch program as well as receiving aid for any **qualifying reimbursable** meal. With the costs of food products these reimbursements are necessary to help aid in supporting the cost of the school lunch program.

*** What can I do to help my student?**

Look over the menu with your student, and help them plan out what their choices are going to be for breakfast or lunch. Ask them about their choices and why they are choosing them. Inquire about their account balances and how much money they have left.

*** Where can I get more information?**

<http://www.fns.usda.gov/> or Mr. Yager at 315-369-3222 ext 2109 cyager@towschool.org