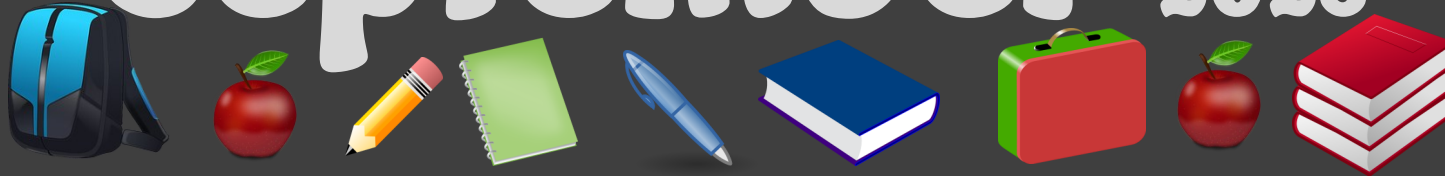


USDA & TOW UFSD are equal opportunity providers and employers. PLEASE NOTE: Our menu options comply with USDA nutrition standards

# September 2023



		<b>6</b> <b>Waffles &amp; Sausages</b>  <b>Macaroni &amp; Cheese with Lemon Peppered Green Beans</b>	<b>7</b> <b>Sausage, Egg &amp; Cheese Breakfast Wrap</b>  <b>Popcorn Chicken with Mashed Potatoes</b>	<b>8</b> <b>Chocolate Crescent</b>  <b>Pizza Day with Buffalo Cauliflower</b>
<b>11</b> <b>Cherry Strudel</b>  <b>Meatball Sandwiches with Seasoned Edamame</b>	<b>12</b> <b>Sausage Tornados</b>  <b>Turkey Tacos with Fresh Pico De Gallo</b>	<b>13</b> <b>Griddle Cakes</b>  <b>Baked Ziti with Grilled Summer Squash</b>	<b>14</b> <b>Cheddar Omelets with Corn Bread</b>  <b>Slow Roasted BBQ Pork Sandwiches with Sweet Corn</b>	<b>15</b> <b>Donut Holes</b>  <b>Pizza Day with Roasted Broccoli</b>
<b>18</b> <b>Cinnamon Rolls</b>  <b>Sloppy Joe Sandwiches with French Fries</b>	<b>19</b> <b>Spicy Breakfast Burrito</b>  <b>Cheesy Nachos with Refried Beans</b>	<b>20</b> <b>Waffles &amp; Sausages</b>  <b>Spaghetti &amp; Meatballs with Garden Salad</b>	<b>21</b> <b>Turkey Bacon, Egg &amp; Cheese Breakfast Wrap</b>  <b>Chicken Patty Sandwiches with Sweet Potato Fries</b>	<b>22</b> <b>Chocolate Crescent</b>  <b>Pizza Day with Buffalo Cauliflower</b>
<b>25</b> <b>Apple Strudel</b>  <b>Grilled Cheese with Tomato Soup</b>	<b>26</b> <b>Bacon Tornados</b>  <b>Chicken or Cheese Quesadillas with Black Bean Salad</b>	<b>27</b> <b>Griddle Cakes</b>  <b>Cheese Ravioli with Lemon Peppered Green Beans</b>	<b>28</b> <b>Cheddar Omelets with Corn Bread</b>  <b>Cheeseburgers with French Fries</b>	<b>29</b> <b>Donut Holes</b>  <b>Pizza Day with Roasted Broccoli</b>

## Breakfast

(7:30– 8:00)

PK-5 \$2.25/ \$11.25 Per Week

6-12 \$2.50 / \$12.50 Per Week

Adults \$2.25 + Tax

Ala Carte Main

PK-5 - \$2.25

6-12 - \$2.50

Breakfast During The Bells  
Available Until 9:15

## Lunch

(10:45—12:45)

PK-5 \$2.65 / \$13.25 Per Week

6-8 \$3.05 / \$15.25 Per Week

9-12 \$3.15 / \$15.75 Per Week

Adults (Main Only) \$3.00 (Tax Included)

Adult Salad Bar \$5.00 (Tax Included)

Ala Carte (Main Only)

PK-12 - \$3.00

PK - 12 Salad Bar - \$4.50

Additional Sides - \$.75 / Adults \$1.00

Small Soup - \$1.00 / Adults \$2.00

Small Milk/Juice - \$.75

Large Juice- \$1.00

Bottled Water - \$1.00

Sparkling Ice - \$1.50

(Sparkling Ice is only available for purchase after 2PM for K-5 Students)

Ice Cream—\$1.00